

## Provide First Aid

This course will help you develop the skills and knowledge required to provide first aid to a sick or injured person before emergency services or medical aid arrives.

Provide First Aid is a nationally recognised training course and meets the requirements for workers who have a duty of care as a First Aider under workplace health and safety legislation.



This course is suitable for people undertaking first aid training for the first time and those wanting to renew existing first aid qualifications. First aid qualifications should be renewed every three years.

*Note: This course was previously known as Apply First Aid, Senior First Aid or Level II First Aid.*

### Course Duration

#### Option 1:

Two day face-to-face training workshop

#### Option 2:

One day face-to-face training workshop

Note that two to three hours of self-study must be completed before the training workshop with this option.

### Course Content

- |                                    |                      |
|------------------------------------|----------------------|
| Basic Life Support                 | Burns                |
| Cardio Pulmonary Resuscitation     | Trauma Injuries      |
| Breathing Difficulties             | Poisons              |
| Chest Pain                         | Bites and Stings     |
| Shock, Wounds and Bleeding         | Temperature Extremes |
| Medical Emergencies                |                      |
| Fractures and Soft Tissue Injuries |                      |

### Prerequisites

There are no prerequisites for Provide First Aid



Chubb Training Group  
[www.chubb.com.au](http://www.chubb.com.au)

1300 650 182  
[chubb.training@chubb.com.au](mailto:chubb.training@chubb.com.au)

## Course Participation

The maximum number of participants per course is 15. This ensures all students receive sufficient time to complete practical training and assessment activities.

Participants will need to bring photo identification, a pen and notepad, and should wear comfortable casual clothing.

Please note that all students are required to perform a practical demonstration of Cardio Pulmonary Resuscitation (CPR) on the floor.

All participants will be supplied with a First Aid Training Manual and a First Aid Course Workbook.


## Assessment

Students will be assessed through the demonstration of practical first aid and CPR skills, and written assessment questions.

## Outcome

On successful completion of this course, students will be issued with a nationally recognised Statement of Attainment for the following units of competency.

Code	Title
HLTAID001	Provide cardiopulmonary resuscitation
HLTAID002	Provide basic emergency life support
HLTAID003	Provide first aid



## Cost

Course costs vary between the two day and one day workshop options.

Please contact the Chubb Training Group office in your state on 1300 650 182 or via email [chubb.training@chubb.com.au](mailto:chubb.training@chubb.com.au) for course costs.

## Recertification Training

Chubb Training provides a one (1) day First Aid recertification course. To be eligible for the recertification course, you must have completed a nationally recognised first aid training course within the last 3 years. Evidence of previous training must be provided on enrolment.

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